

Journal of Endocrinology and Diabetes

Special Issue on
“Diabetes & Physical Activity”

Aim and Scope

[Journal of Endocrinology and Diabetes](#) is an online Open Access Journal whose aim is to publish Scholarly Articles featuring current research in endocrinology and diabetes. The articles cover insulin dependent diabetes, insulin independent diabetes, insulin metabolism. It also enlists latest research conducted in the field of various diabetes related complications like diabetic nephropathy, diabetic retinopathy, and diabetic neuropathy.

Physical activity is a cornerstone to manage diabetes, to boost up the body’s response to insulin; which can lower blood glucose levels, blood pressure and cholesterol levels; thereby decreasing the devastating effects of diabetes. In an approach to share your work with peers in the field of diabetes and physical activity, *Symbiosis Open Journal of Endocrinology and Diabetes* welcomes papers from worldwide group of specialists; covering recent advances in physical activity and ongoing research.

With this initiative we intend to bring-out **advancements in the treatment and therapeutic approaches of diabetes with the mean of physical activity**, and make them easily accessible by your participation and cooperation

Topics

The special Issue covers wide range of topics and some of them are listed below:

- Physical Activity in Diabetes: Guidelines & Outcomes
- Diabetes exercise interventions
- Diabetes lifestyle changes
- Diabetes & sleep duration
- Diabetes & physical activity
- Diabetes & aerobics
- Pedometer
- Running with diabetes
- Exercise with ketone bodies
- Blood glucose after physical activity
- Exercise and hypoglycemia
- Physical activity program
- Diabetes and yoga
- Hypoglycemia and outdoor activities
- Bone health and diabetes
- Growing older and staying active with diabetes
- Resistance exercises

Diabetes & motor activity
Diabetes & fitness
Diabetes & lifestyle Study
Role of physical Activity and Fitness in diabetes management
Exercise & body mass
Exercise & glucose Control
Exercise & insulin resistance
Exercise intervention in diabetes
Physical training in Diabetes
Aerobic capacity and metabolic control in Diabetes

Submissions

All kinds of papers are invited. Please refer [Author guidelines](#) before submission. Author benefits for these submissions will be found at [special issue page](#).

Please submit your manuscript by following the link, [Submit manuscript](#) or e-mail it to jed@symbiosisonline.org

Submissions are open from January 26, 2015

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