

Aims and Scope

[Journal of Exercise, Sports & Orthopedics](#) is a peer reviewed open access journal, exclusively designed for the international Scientific community that addresses ongoing research on Exercise, Sports & Orthopedics, which aims to provide a unique platform for publishing high quality research work. The journal aims to frame up an outstanding special issue on **Exercise and Sport Science**.

Sport science is the study of human body during exercise as physical activity is necessary for enhancing health, human performance and quality of life. Researchers have developed a greater understanding on how the human body reacts to exercise, training, different environments and many other stimuli.

Focusing on the integration of exercise and physical activity into health care, sports performance, disease prevention, JESO tends to publish a special issue on "Exercise and Sport Science" for which we invite manuscripts to create awareness of exercise and sports and their importance to the world.

Topics

This special issue deals with the topics of the following but not limited to

- Sport medicine
- Sport and exercise physiology
- Sport and exercise psychology
- Sport and exercise biochemistry
- Sport nutrition
- Motor behavior
- Biomechanics
- Physical education
- Public health promotion
- Traditional sports and wellbeing
- Growth and maturation
- Sport injuries
- Sport recovery

Rehabilitation exercise

Exercise and its effects

Submissions

Authors are invited to submit articles which address the progress and current standing of Exercise and Sport Science. Please refer [Author guidelines](#) before submission.

Author benefits for these submissions will be found at [Special issue page](#). Use the Online [Manuscript Tracking System](#) to submit your papers or e-mail it to orthopedics@symbiosisonline.org

Submissions are open from January 26, 2015

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