

Evaluation of Patients' Knowledge Regarding Smoking and Chronic Pancreatitis: A Pilot Study

C. Mel Wilcox*, Josna Haritha

Division of Gastroenterology and Hepatology, University of Alabama at Birmingham, Birmingham, AL

APPENDIX

Smoking Questionnaire

1. Do you smoke? Y or N (if No, skip to #5)

2. If yes, how much do you smoke per day (packs)?

0, 1, 2, 3 4, 5, _____

3. What do you smoke?

Cigarettes, Cigars, Electronic Cigarette, Other: _____

4. How long have you been smoking (years)?

1, 2, 5, 10, 20, _____

5. Have you ever smoked before in your life?

Y or N (if No, skip to #13)

6. Have you attempted to quit before?

Y or N (if No, skip to #13)

7. If yes, when did this quit attempt occur? _____

8. How long did you quit smoking? _____

9. How many times have you attempted to quit?

1, 2, 3, 4, 5, _____

10. Why did you try and quit at that time?

- Personal choice

- Family pressure

- Health reasons

- Financial reasons

- Other reasons Explain: _____

11. How did you go about quitting at that time?

- Cold turkey

- Medications: Patch, Pills, Gum, Other _____

- Smoking Hotline

- Other Explain: _____

12. What caused you to relapse?

- Unbearable urge

- Peer pressure/lack of support

- Other reasons Explain: _____

13. Before today's visit, has your doctor talked to you about smoking and its health risks?

Y or N (if answered No, skip to #15)

14. If yes, at how many appointments did your doctor mention the smoking topic?

Never, Few (1-2), Many (5-10), All

15. Did your doctor tell you how smoking personally affects your health? Y or N

16. What were the reasons given by your physician?

- Increased risk of lung cancer

- Increased risk of second hand smoking for family members

- Increased risk of other health problems

- Other _____

17. Mark things that you think increase damage to the pancreas:

_____ Alcohol _____ Trauma/Injury _____ Genes

_____ Obesity _____ Smoking _____ Not Exercising

18. Do you think smoking causes damage to the pancreas?

Y or N

19. Has anyone told you that smoking causes damage to the pancreas?

Y or N

20. If yes, where did you hear this information?

- Internet

- Family/Friends []

- Doctor []

21. When your doctor talked about smoking and its risks, did they talk about the pancreas?

Y or N

** STOP here if you have never smoked**

22. When your doctor mentioned smoking and its risks, did it make you want to quit?

Y or N

23. Did your doctor tell you to consider quit smoking because it can damage your pancreas?

Y or N [if yes, go to (a); if no, go to (b)]

a) If you answered yes to question #23, did this information motivate you to set a quit date?

Y or N

b) If you answered no to question #23, does this knowledge now motivate you to set a quit date?

Y or N

24. If you knew that smoking increased your risk of pancreatitis, would you have attempted to quit earlier?

Y or N

25. Are you ready to quit now?

Y or N