

Feeding ecology, prey selection and growth performances of gold spot mullet, *Liza parsia* (Hamilton, 1822) in extensive brackish water farming system of Indian Sundarbans

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Abstract

A study was aimed to focus on the feeding ecology with prey selection and growth performances of gold spot mullet (*Liza parsia*) in extensive polyfarming system. Three ponds (0.7-0.9 ha) were brought under observations which continued for 10 months (January-November, 2015). Estuarine water containing wild fry of various species were allowed to enter in three impoundments. Commercial feed or fertilizer was not applied following common practice. Exchange of 20-30% water was carried out during lunar cycles. Water temperature and water depth were average 29.90C and 120 cm. Order of dominance of prey groups in water was chlorophyceae, bacillariophyceae, myxophyceae, copepod and dinoflagelats. Tendency towards higher feeding intensity in terms of stomach fullness was observed as the fish grew. Order of dominance of prey groups in stomachs were myxophyceae, chlorophyceae, bacillariophyceae, dinoflagelats and copepods while myxophyceae followed by bacillariophyceae was actively selected. Copepods were selected for first two months and negative selection of all zooplankton groups were noticed afterwards. *L. parsia* attained 58.94±2.02g (15.2±0.19cm) at harvest with slope value of length-weight relationship (b=3.028) and condition factor (K=1.26±0.11). Good growth and health condition in the present study can be attributed to the low production farming system with comparatively lower stocking density providing greater food and space for the growing fish.

Keywords: *Liza parsia*; feeding ecology; prey preference; growth; Extensive farming; Sundarbans.

Introduction

The gold spot mullet *Liza parsia* (Hamilton 1822), belonging to the family Mugilidae is a catadromous fish and widely distributed in the coastal waters of tropic, sub-tropic and temperate regions extending from 42° N to 42° S [1]. With its good market price and consumer preference, abundant availability of seeds, non-carnivorous food habit, gold spot mullet is easily cultivable in shrimp growing areas and forms commercially important candidate for polyculture with shrimp and other mullets [2-5]. Gold spot mullet, popularly known as 'parsia' in Indian subcontinent, can tolerate wide range of environmental fluctuation [6].

In India, *L. parsia* occurs in marine, shallow coastal water, shallow coastal lakes and brackish water estuaries and is reared in brackish water tide fed ponds in West Bengal [7,8], in the estuaries and brackish water lakes of Kerala [9, 10] and in Lake Pulicat [11, 12]. In West Bengal, the low-lying lands near estuaries and deltaic areas enclosed by embankments called "bheries" are used for traditional finfish cultivation mostly for mullets, especially during rains [13]. In bheries, large numbers of fish and shrimp seeds brought in through tidal water and partial stocking are reared for a period of 6-7 months [14] where gold spot mullet is an important component. Knowledge on species niche and growth potential in such extensive farming ecosystem is necessary for proper management and formulation of strategies for sustainable production improvement.

Studies on the food and feeding habit indicate the species niche in ecosystem, their food preference and food spectrum

overlaps. Feeding behavior at the level of prey selection can have implications at the individual [15], population [16] and community levels [17]. But information on food spectrum and prey preferences of *parsia* in particular is scanty.

Growth performance of fish is one of the most important criteria for selection as a candidate species for farming. Available reports regarding growth of *parsia* is highly variable from farming systems. *L. parsia* fingerlings (1.75g) were grown to 52.41 and 66.1g in 18 months with *Liza tade* at ratios of 2:1 and 4:1 at overall stocking density of 25000/ha in West Bengal coast [7]. Ali et al [2] reported growth of *L. parsia* fry (0.20g) up to 30.45g at stocking density of 10000nos/ha in 120 days of culture with *Penaeus monodon* at stocking density of 40000nos/ha in single crop system. He also reported that *parsia* fry were grown upto 47.68g at similar initial size and stocking density in 225 days of rearing with *P. monodon* at stocking density of 20000nos/ha in double crop pattern. Much higher growth was reported by Biswas et al [8] where *L. parsia* fingerlings (10.68±0.56) attained 54.02±2.11g at stocking density of 2000nos/ha in 180 days polyculture with *Mugil cephalus* (4500nos/ha), *L. tade* (1500nos/ha) and *P. monodon* (20000nos/ha) in tide fed polyculture system. There is scarcity of information regarding growth of *parsia* in extensive farming system traditionally practiced in Hooghly-Matla estuarine complex popularly known as Sundarbans.

The present study was aimed to assess feeding strategy along with prey preferences and growth performances of *parsia* reared in extensive polyculture system of Indian Sundarbans with a view towards optimum utilization of this high value species in improved polyculture utilizing all the potential food of the water bodies without much competition.

Materials and Methods

Gopalnagar Dakshin village coordinating 21.802-21.807°N, 88.296-88.298°E of Pathapratima Block, South 24 Parganas, West Bengal, India situated at the bank of Hatania-Doania River was selected. Three ponds (0.7-0.9 ha) were brought under observations which continued for 10 months (January-November, 2015). Initially, the ponds were dewatered and sun dried. Liming was done over the dried pond bottom using Lime Stone Powder (LSP) @500 kg/ha during first week of January. Ponds were filled with high tidal saline water (18.5ppt) up to a depth of 120 cm during second week of January after filtration through traditional bamboo screen. Small fry can enter through traditional bamboo screen during water exchanges but exit of bigger fishes is restricted. As seeds of *L. parsia* remain available in north-east coast of India during the month of January-March [2, 4, 18], entry of gold spot mullet fry along with other species was anticipated. Following traditional practice, no fertilizer or supplementary feed was used and fishes grew depending on natural food. Natural food was brought in through exchange of 20-30% water during lunar cycles. Pond water and fish samples were collected monthly mid-February onwards from three ponds and analyzed.

The pond water samples were collected between 09:00 and 10:00 hours. Water quality parameters viz. temperature, salinity,

pH, dissolved oxygen (DO), nitrite-nitrogen (NO₂-N), nitrate-nitrogen (NO₃-N), ammonia-nitrogen (NH₃-N) and phosphate-phosphorus (PO₄-P) were analyzed following Standard Methods [19]. Water salinity was measured using a refractometer (ATAGO, Japan). Plankton sample collection was done using bolting silk plankton net (mesh size 64 µm) by filtering 100 L of pond water. Concentrated plankton samples were preserved in 5% buffered formalin. Plankton constituents were identified and counted following direct census method [18, 20]. Planktonic constituents of pond water were classified as chlorophyceae (Green algae), bacillariophyceae (Diatoms), myxophyceae (Blue green algae), copepods, dinoflagelats, macrophyte parts and fish and shrimp larvae.

Stomachs of ten fishes from each impoundment every month were removed intact and feeding intensity based on fullness of stomachs was recorded by visual estimation and classified as gorged, full, ¾ full, ½ full, ¼ full, Little and empty [21]. Stomach contents were preserved in fixed volume of 5% buffered formalin. Planktonic constituents of fish stomachs were identified and counted following direct census method [18, 20] using Sedgwick-Rafter counting cell and classified in same way as pond water. Additionally, organic matter and sand and mud particles were evaluated as major stomach constituents. Numeric percentages of each group were calculated.

Ivlev's Electivity Index [22] was used to determine prey preferences. Percentage compositions of food items in stomach were compared with that of studied pond water using the following formula:

$$E = \frac{r - p}{r + p}$$

Where, r = percentage of dietary item in ingested food, p = percentage of prey in the environment.

Gravimetric data like total length (TL, cm) was recorded with a slide caliper, while body weight (W, g) was measured using a digital electronic balance prior to dissection for stomach analysis. Ten fishes from each three ponds were collected monthly mid-February onwards i.e. 30 fish in a month and total 300 fish were analyzed throughout the study period. The following formula was used to determine daily weight gain (DWG):

$$DWG = \frac{W_f - W_i}{t}$$

Where W_f and W_i are the average final and initial weight in time t.

Specific growth rate (SGR) was determined using the conventional equation:

$$SGR = \frac{\ln w_f - \ln w_i}{t} \times 100$$

Where W_f and W_i are the average final and initial weight in time t.

Length-weight relationship was determined using the following mathematical relationship proposed by Pauly [23]:

$$W = a.TL^b$$

Where W is fish weight (g), TL is total length (cm), 'a' is the proportionality constant and 'b' is the isometric exponent. The parameters a and b were estimated by non-linear regression analysis.

Fulton's condition equation was used to find out the condition factor [24]:

$$K = \frac{\bar{w}}{(TL)^3} \times 10^2$$

Where K is the condition factor, \bar{w} is the average weight (g) and (TL) is the average total length (cm)

Differences in growth parameters of fish among ponds were determined by analysis of variance with the General Linear Model procedure using SPSS for Windows v.17.0 program me (SPSS Inc Chicago IL USA). Duncan's Multiple Range Test [25] was used for comparison of data. All data are expressed as mean \pm standard error (S.E.).

Results

Physico-chemical parameters in three studied ponds are presented in table 1. Highest temperature was recorded during the month of April (34.2oC) and lowest during November (19.5oC). Dissolved oxygen (DO) varied from 5.80 \pm 0.42 to 9.10 \pm 0.50mg/L. Surface water pH varied between 7.92 \pm 0.3 to 8.72 \pm 0.4 and remained almost steady throughout the study period. Dissolved oxygen and pH were almost similar in pond 1 and pond 2 but those were significantly (p<0.05) lower in pond 3. Salinity fluctuation showed wide variations in three ponds with maximum (18.8 \pm 4.8 ppt) during May (summer) and minimum (3.4 \pm 1.4 ppt) during August (monsoon). Concentration of nitrogenous metabolites like Nitrite-nitrogen (NO₂-N) and total ammonia nitrogen (NH₃-N) were recorded between 9.33 \pm 2.5 - 24.47 \pm 5.8 and 21.83 \pm 5.7-44.08 \pm 5.4 μ g/L, respectively. Concentration of nutrients like nitrate-nitrogen (NO₃-N) and phosphate-phosphorous (PO₄-P) ranged between 69.62 \pm 6.9-111.04 \pm 9.8 and 21.58 \pm 5.8-43.27 \pm 6.5 μ g/L, respectively. Nitrate-nitrogen and phosphate-phosphorous concentration showed no significant difference (p<0.05) among ponds. Phytoplankton and zooplankton concentration was significantly higher (p<0.05) in pond 1 and lower in pond 3.

Percentage occurrences of planktonic and other suspended food components in pond water are presented in figure 1. The most abundant phytoplankton groups in three ponds according to the order of dominance were chlorophyceae, bacillariophyceae and bymxophyceae. The most abundant genera found under chlorophyceae were *Enteromorpha*, *Ulothrix*, *Pediastrum*, *Chlorella*

and *Tetraedron*. Numeric percentage of chlorophyceae ranged between 21.03 and 37.41% (29.59 \pm 3.01%) during May and April respectively. Among *bacillariophyceae*, *Navicula*, *Nitzschia*, *Cyclotella*, *Basilaria*, *Diatoma* and *Melosira* were found to be the most abundant genera. Numeric percentage of bacillariophyceae ranged between 8.96 and 30.99% (22.59 \pm 4.34%) during July and September, respectively. *Anabaena*, *Nostoc*, *Spirulina* and *Oscillatoria* was the most dominant genera undermyxophyceae. The percentage composition of myxophyceae varied between 15.06 and 25.92% (21.38 \pm 2.33%) throughout the study period. Among zooplankton groups, copepods and dinoflagelats were most dominant while rotifers and cladocera were less abundant. Percentage composition of copepoda ranged between 2.04 to 24.88% and most common Copepod genera was *Calanus*. Most abundant dinoflagelats genera were *Ceratium* and *Peridinium*. Percentage composition of dinoflagelats were recorded minimum during June (4.21%) and maximum during November (20.00%).

Table 1: Water quality parameters of three extensive brackish water ponds selected for gold spot mullet (*Liza parsia*) feeding ecology study

Water parameters	Pond 1	Pond 2	Pond 3
Temperature (°C)	29.9 \pm 1.7	29.9 \pm 1.7	29.7 \pm 1.9
pH	8.04 \pm 0.23 ^a	7.96 \pm 0.25 ^a	7.78 \pm 0.31 ^b
DO (mg L ⁻¹)	6.06 \pm 0.42 ^a	5.99 \pm 0.52 ^a	5.69 \pm 0.52 ^b
Salinity (ppt)	12.87 \pm 5.34	12.74 \pm 5.32	12.89 \pm 5.19
NO ₂ -N (µg L ⁻¹)	16.35 \pm 5.83	15.91 \pm 5.62	16.11 \pm 6.63
NO ₃ -N (µg L ⁻¹)	93.12 \pm 15.41	92.66 \pm 11.14	92.97 \pm 8.94
NH ₄ -N (µg L ⁻¹)	30.96 \pm 5.61 ^b	31.19 \pm 7.91 ^b	34.89 \pm 6.27 ^a
PO ₄ -P (µg L ⁻¹)	32.07 \pm 13.43	31.91 \pm 11.98	31.89 \pm 12.74
Phytoplankton (numbers/L ⁻¹ \times 10 ³)	15.38 \pm 1.62 ^a	15.12 \pm 1.94 ^b	14.95 \pm 1.73 ^c
Zooplankton (numbers/ L ⁻¹ \times 10 ³)	3.05 \pm 0.25 ^a	2.91 \pm 0.23 ^b	2.83 \pm 0.17 ^c

Means bearing different superscripts indicate statistically significant differences in a row (p<0.05); Values are expressed as mean \pm SE (n=10 for each impoundments every month)

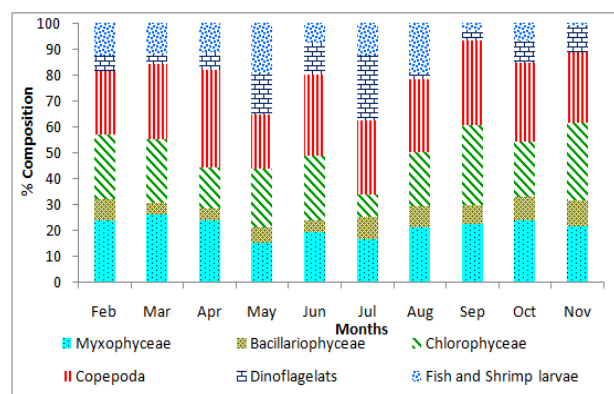


Figure 1: Percentage occurrences of suspended food materials in ambient water of extensive farming impoundments selected for gold spot mullet (*Liza parsia*) feeding ecology study

Feeding intensity of gold spot mullet in terms of stomach fullness is presented in table 2. Overall, only 6.6% fishes were found with empty stomach considering the whole study period. Most of the fish stomachs were observed with ¼ full (21.88%), ½ full (18.40%) and ¾ full (17.99%) stomachs indicating moderate feeding. Highest gorged stomachs was recorded during

June (22.2%) and lowest during October (1%) whereas highest (14.8%) and lowest (0%) empty stomachs were found during November and August, respectively. A tendency towards higher feeding intensity was observed as the fishes grew as gorged, full and ¾ full stomachs were gradually increased and ½ full, little food and empty stomachs gradually decreased.

Table 2: Feeding intensity in terms of stomach fullness in gold spot mullet (*Liza parsia*) grew in extensive brackish water ponds

Months	Gorged	Full	¾Full	½Full	¼Full	Little	Empty
Feb	8	15	19	13	27	4.5	13.5
Mar	5.5	20	20	20	19	5.5	10
Apr	9.1	10.5	31	15.6	16.8	10.5	6.5
May	14	15.2	10	20.5	23.3	16	1
Jun	22.2	16.7	12.1	16.7	21.2	8.1	3
Jul	6.7	10	13	16.6	26	25.2	2.5
Aug	12.6	13.3	20	26.5	27.6	0	0
Sep	21.2	10.7	24	11.8	11.3	19	2
Oct	1	10	20.3	20	20	16	12.7
Nov	5	13.2	10.5	23.3	26.6	6.6	14.8
Mean	10.53	13.46	17.99	18.4	21.88	11.14	6.6

Percentage occurrences of food materials observed in the gold spot mullet stomachs are presented in figure 2 and 3. The dominant phytoplankton groups in the fish stomach according to the order of dominance were myxophyceae (19.37 in November -39.86% in June; 29.33±1.82%), chlorophyceae (13.04 in July-21.54 in September; 17.30±1.05%) and bacillariophyceae (4.45 in April-13.61% in November; 9.02±1.05%). Most abundant zooplankton groups were dinoflagellates (1.14 in September -6.37% in October; 2.87±0.55%) and copepod (0.12 in April -4.89% in February; 2.23±0.62%). Among non-planktonic contents, higher plant materials (9.85 in August-19.03% in November; 13.38±1.01), fish and shrimp parts (0.12% in April-3.19% in May; 1.00±0.29%), debris-sand-mud (19.00 in February-32.00% in August; 24.87±1.34%) were also present.

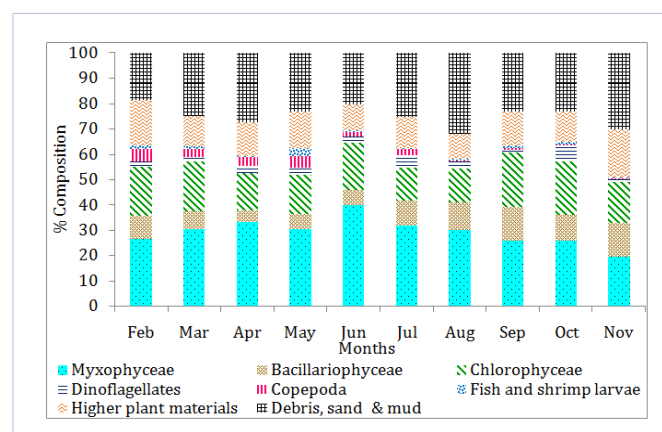


Figure 3: Monthly percentage occurrences of food materials in gold spot mullet (*Liza parsia*) stomachs grew in extensive farming system.

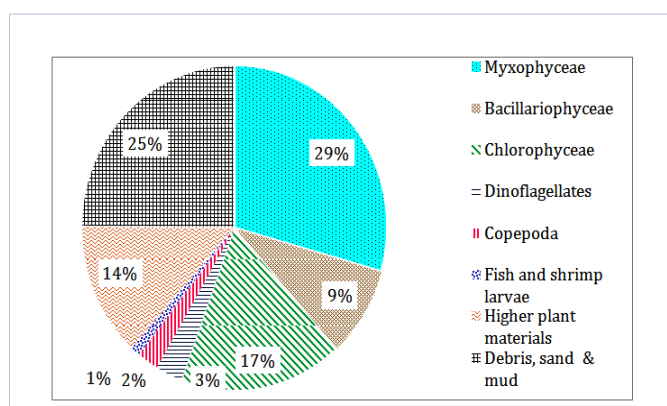


Figure 2: Average percentage occurrences of food materials in gold spot mullet (*Liza parsia*) stomachs grew in extensive farming system.

Month wise electivity index (E) of different food categories are presented in figure 4. Gold spot mullet showed highest preference towards myxophyceae with significant positive E value of 0.37±0.08 ranging between -0.25 and -0.53 during October and May, respectively. Bacillariophyceae was found to be second most preferred group with significant positive E of -34±0.06 which varied between -0.22 during May and -0.49 during September. E for chlorophyceae ranged between -0.02 to -0.40 during November and July, respectively indicating third most preferred (E=-0.12±0.08) prey group. Copepods showed positive value of E during early months which gradually decreased as the fish grew and varied between -0.17 to -0.92 and mean value (-0.46±0.30) indicated negative selection. E for fish and shrimp parts and dinoflagellates ranged between -0.23 to -0.97 (-0.68±0.16) and

-0.51 to -0.90 (-0.73 ± 0.09) respectively indicating strong negative selection.

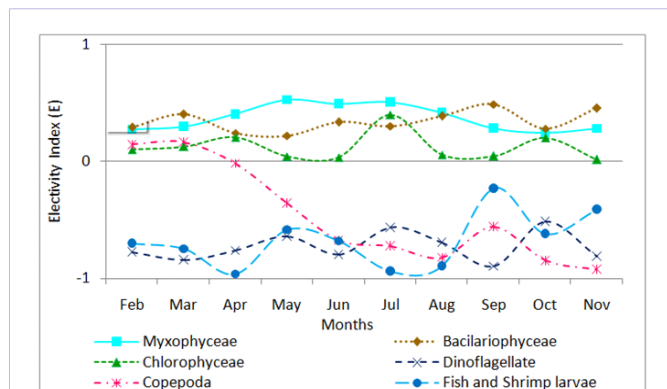


Figure 4: Electivity index indicating prey preference of gold spot mullet (*Liza parsia*) grown in extensive farming system

Gold spot mullet fry entered the impoundments during January grew to 3.4 ± 1.3g (6.5 ± 0.21cm) during February as revealed from first sampling. Those who attained 58.94 ± 2.02g (15.2 ± 0.19cm) at harvest during mid-November (figure 5) registering daily weight gain (DWG) of 0.21 ± 0.04 g day⁻¹ and specific growth rate (SGR) of 1.06 ± 0.20% day⁻¹. Fulton's condition factor (K) estimated was 1.26 ± 0.11 considering the whole study period (figure 6). Length-Weight Relationship (LWR) showed curvilinear growth pattern with exponent value of 3.028 indicating positive allometric growth (figure 7).

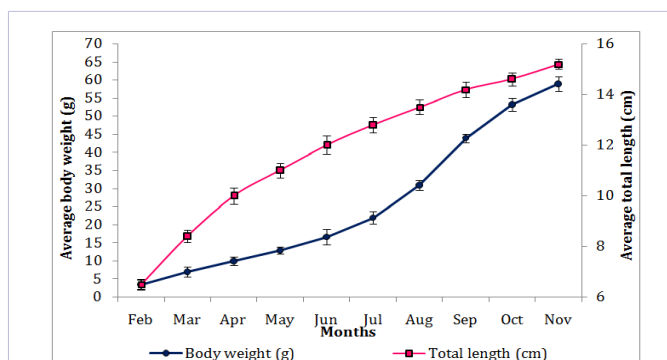


Figure 5: Growth of gold spot mullet (*Liza parsia*) in extensive farming system (values are expressed as mean ± SE of three studied ponds)

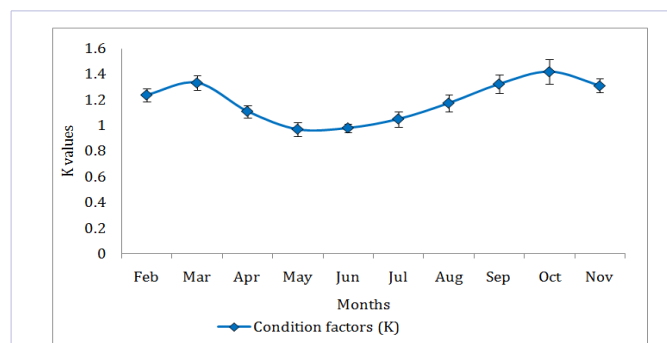


Figure 6: Condition factors (K) of gold spot mullet (*Liza parsia*) reared in extensive farming system

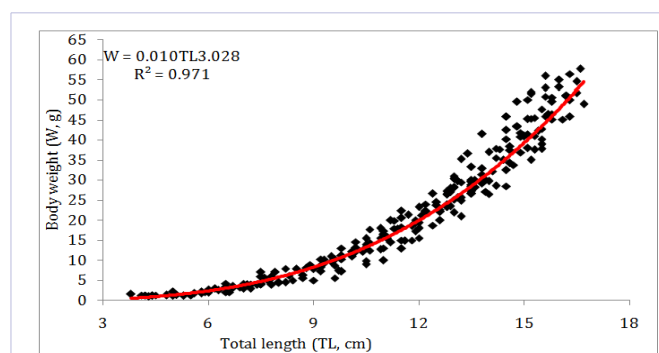


Figure 7: Length-weight relationship of gold spot mullet (*Liza parsia*) grown in extensive farming system

Discussion

Water quality parameters in the studied extensive ponds were within the optimum ranges for brackish water aquaculture [2, 26 and 27]. Concentrations of toxic metabolites like nitrite-nitrogen (NO₂-N) and ammonia-nitrogen (NH₄-N) remained lower than the critical level and concentrations of nutrients like nitrate-nitrogen (NO₃-N) and phosphate-phosphorous (PO₄-P) was much lower than fertilized ponds reported from Sundarbans [4, 28] and corroborated with those reported earlier by Mondal et al [29] from the same location. Lower nutrient concentrations in the studied extensive system may be attributed to complete dependence on natural productivity without any additional input.

Order of dominance of the planktonic groups in the ambient water in the present study corroborated with that reported from the Hooghly estuary and shrimp farming ponds in Sundarbans [28]. Extensive farming can be considered as representative of the natural environment as it depends only on the natural productivity. Existence of planktonic community structure resembling the natural environment in such farming system can be expected.

Gold spot mullet in tide fed extensive farming systems coexists with other herbivorous and carnivorous fishes. Carnivores like *Lates calcarifer*, *Therapon jarbua*, *Eleutheronema tetradactylum*, *Glossogobius giuris* and many more gains entry in extensive system during tidal water exchange [8]. As smaller fishes are more vulnerable, they would rather feed more cautiously than their bigger counterpart due to the fear of potential predators resulting in lower feeding frequency in smaller fishes [30]. Larger fish may require more food to obtain the necessary energy for reproductive activity than smaller ones require for growth. In larger fish, a wider mouth opening helps to ingest relatively large quantity food items at a time compared to smaller ones [31].

Quantitative and qualitative changes in fish food during the life span are useful tools to define the diet of a particular fish species [32, 33]. Planktonic algae were reported to be the dominant food item of *L. parsia* and planktonic groups according to the order dominance was chlorophyceae, bacillariophyceae and myxophyceae [3] in open environment. The percentage occurrence of filamentous algae (53%) and diatoms (54.1%) was more or less equal through considerable monthly variations were seen among the two food items [34]. In the present study,

similar order of dominance of planktonic groups was observed in extensive farming system but percentage occurrence of different planktonic groups widely differed from the previous reports.

Fish food preferences were determined through electivity index (E) to throw some light on the preferred food of gold spot mullet in extensive farming system. Ribeiro and Nuñez [35] suggested that changes of feeding habits of a fish species are a function of the interactions among several environmental factors that will influence the selection of food item. In the present study, gold spot mullet showed highest preference towards myxophyceae followed by bacillariophyceae, chlorophyceae, copepod, fish and shrimp parts and dinoflagelets. According to Ivlev's equation [36], E varies from -1 to +1, where 0 to +1 stands for positive selection, while values between -1 to 0 indicates negative selection of that prey item while true positive or negative prey selection can be interpreted only at values >0.3 or <-0.3 respectively [37]. In the present study, *L. parsia* truly selected myxophyceae though ranking 3rd in the order of dominance in the ambient water making it the prime food material in the stomach. Although being 2nd dominant planktonic constituent in water and third in stomach, bacillariophyceae was observed to be the 2nd most preferred truly selected prey group. In spite of being dominant prey group in pond water and 2nd in the order of dominance in the stomach content, chlorophyceae ranked 3rd in order of preference. Chlorophyceae was not truly selected and probably swallowed mechanically during food intake as those were most abundant in water. Gold spot mullet juveniles positively selected copepoda during the initial months of rearing but true negative selection was observed during third month onwards. Fish and shrimp parts and dinoflagelets were not at all selected by *L. parsia*. Order of preference of phytoplanktonic food by *L. parsia* as myxophyceae>bacillariophyceae>chlorophyceae is different from coexisting species like *Mugil cephalus* L bacillariophyceae>myxophyceae>chlorophyceae [29] and *Liza tade* as chlorophyceae>myxophyceae>bacillariophyceae [38] in the same environment suggests feeding strategy of mullets to reduce inter specific competition within the same tropic level.

Growth of gold spot mullet in the present study (58.94±0.02 g, 15.2±0.19 cm) was much higher than 47.68g in 225 days at stocking density of 10000 fish ha⁻¹ as reported by Ali et al [2] and 54.02±2.11g at stocking density of 2000 no's/ ha in 180 days polyculture with *M. cephalus* (4500 no's/ ha), *L. tade* (1500 no's/ ha) and *P. monodon* (20000 no's/ ha) in fed polyculture system [8]. *L. parsia* in the present study showed better survival and DWG compared to those reported by Bhowmik [7]. Much lower growth (27.03±2.662 g, 12.97 cm) compared to the present study was reported from Bangladesh in shrimp- mullet polyculture [39]. Slope value of length-weight relationship in the present study (b=3.028) was much higher than those reported from Southern India as 2.796 and 2.988 for male and female respectively. Better growth and health condition observed in the present study can be attributed to the low production farming system with comparatively lower stocking density providing greater food and space for the growing fishes.

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Conflict of Interest Statement

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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