Evaluation of Sensitivity and Resistance of Bacteria Associated With Dental Abscesses in Lebanese Population

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Received: December 08, 2017; Accepted: February 01, 2018; Published: February 12, 2018

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Abstract

Objectives: Inappropriate prescription of antibiotics for the treatment of dental abscesses is not uncommon. Knowledge about the root canal flora is crucial in order to determine the most effective antibiotics and to limit the emergence of resistant bacteria. The objective of the study was to isolate the root canal flora from teeth associated with dental abscesses, and determine the sensitivity and resistance of the incriminated bacteria to different antibiotics.

Methods: Bacterial samples obtained from patients presenting with dental abscesses to Lebanese dental clinics were analyzed to determine the types of involved bacteria. Bacterial sensitivity and resistance were tested.

Results: 42 and 85 samples were obtained from chronic and acute dental abscesses, respectively. 19 / 85 samples were from patients with dental abscesses and aggravating clinical signs. The majority of the detected bacteria were facultative anaerobes. Obligate anaerobes were found in teeth with acute dental abscesses and aggravating clinical signs. Gram-positive bacteria showed the highest antibiotic resistance. Penicillin had the highest sensitivity levels.

Conclusion: The role of the dentists in making a correct diagnosis is emphasized considering the presence of virulent bacteria. Penicillin should be the primary antibiotic of choice when required in the context of the treatment of dental abscesses.

Keywords: Antibiotics; Bacteria; Acute Abscess; Cellulitis; Dental Infection;

Introduction

The microbiome of the orofacial sphere is rich, varied and of commensal nature. However, any perturbation (dental, periodontal infection, etc.) of the oral flora balance can render these germs pathogenic and virulent. These germs can be aerobe, anaerobe or facultative. Any prescribed antibiotherapy should take into consideration the nature of these germs and their sensitivity in order to be efficient [1], and to reduce the development risk of resisting germs and super infections along with risks of allergies.

Since 1990, the importance of antibiotic resistance of oral flora bacteria has increased [2]. The empirical usage of antibiotics in dentistry is a major factor in its development; it represents 8 to 10 % of prescribed antibiotics [2]. The molecular choice of antibiotics prescribed is limited. These prescriptions should target the germs causing the infection. These germs are diversified and their prevalence varies from one study to another. This diversification is due to several factors (i.e. identification method, geographical location, etc...) [3]. Moreover, these prescriptions are based on the results of epidemiological and clinical studies previously conducted over a variety of population samples. Hence, they are based and assumed over a probabilistic reasoning [4]. Therefore, it was interesting to i) determine the ecology of the microbial endodontic flora of the Lebanese population in the case of acute and chronic abscesses, ii) recognize in both abscess types the most probable resisting germs to the most prescribed antibiotics in dentistry; and iii) determine if the germs associated with acute abscesses with and without aggravating clinical signs differ in their sensitivity to the antibiotherapies.

Methodology and Analyses

Ethical Approval

This study concerned prospective and non-interventional
data patients. All patients were informed about the aim of the study and written consent was obtained from each participant. This study was approved by the Institutional Review Board and Ethical Committee of the Lebanese University.

**Study Design**

This Prospective multicentric study was conducted over 9 months at the dental clinic of the Lebanese University along with 24 dental clinics located in Beirut and its outskirts. Eligible patients met the following criteria: men or women aged 16 and above, clinically diagnosed with acute or chronic dental abscesses. Patients who needed hospitalization were not included in the study. Moreover, patients were excluded for the following reasons: missing patient’s data file or antibiogram.

**Sampling**

Bacterial samples were taken by aspiration of the pus with a needle and a syringe if a fluctuant swelling was present, or by intra-canal sampling.

Pus aspiration was done after disinfecting the skin around the mouth with Betadine, followed by the disinfection of the oral cavity with Chlorhexidine Gluconate at 0.12%: 15 ml for 30 seconds [5]. Pus was aspirated with a syringe through an intact mucosa. The content of the syringe was then injected into the tube containing the transport medium.

Intra-canal samples were taken from the largest canal after proper isolation of the tooth with a rubber dam. Intra-canal samples were taken pursuant to the protocol described in the following studies:

**Disinfection of the concerned area:**

The extra oral area was disinfected with Betadine. A rubber dam was placed “Opal Dam” (Ultradent Products) was used to ensure proper isolation. The tooth was deanished with pumice. The rubber dam and the tooth were then disinfect with 3%-hydrogen peroxide and 2.5%-NaOCL solutions. The access cavity was prepared; the rubber dam and the tooth were disinfected again with 2.5%-NaOCL which was then deactivated with a sterile sodium thiosulphate solution at 5% [6].

**Intra Canal Sampling:**

The bacterial sample was taken by introducing a sterile endodontic K-file of size 10 or 15 in the dental canal up to the tooth apex with a light rotational movement. The samples were placed individually in tubes containing (regenerated thioglycollate agar) which were transferred immediately to the laboratory [6].

**Microbiological Method**

The microbiological analysis of the total sampling specimens was performed as per the standard culture method (“Galerie Pasteur” and biochemical system ‘by API System) and antibiograms using the disc diffusion technique “Kirby-Bauer”.

Germs were grouped into facultative aero-anaerobe germs (microaerophilic)/obligate anaerobes; then in positive/negative Grams along with cocci and bacilli (annex: microbiological method)

**Statistical Analysis**

The following information was recorded: sex, age, clinical diagnosis (acute or chronic abscess as by the "American Association of Endodontist"), type of antibiotics prescribed and results of the microbiological analysis (microbial identification and sensitivity) [8].

A descriptive statistical analysis of the population considered by the current study and that of the identified germs and their sensitivity was performed by way of computing percentages and averages.

A Chi-Square Goodness of Fit test for categorical variables (facultative and obligate anaerobe germs) was performed. The proportion of the resisting germs during a prescription in the treating groups with 3 types of antibiotics (penicillin, erythromycin and clindamycin).

The data was analyzed statistically using SPSS, version 19 with the significance level of 5%.

**Results**

Out of 741 patients that attended the Lebanese University clinic and the 24 dental clinics; 563 who met the inclusion criteria were selected. 436 were excluded due to absence of dental abscess or antibiogram and 178 patients were not included because less than 16 years old. 138 samples were collected and sent to the laboratory; 10 cases were not included (10 antibiograms were for 10 patients not included because younger than 16 years old) and one case was excluded (because it was canceled by the laboratory due to a wrong manipulation of the sampling). So, 127/436 (29.12%) from 138/436 (31.65%) were taken into consideration (Flowchart 1).

From the 127 included patients, 42 suffered from chronic abscesses and 85 from an acute abscess out of which 19 presented aggravating clinical signs.

The Male/Female ratio is of 1.3 (56.7% men and 43.3% women). The average age was 43.53 +/- 14.88 years. The median and the interquartile range were 45 years and 26 years, respectively.

The pus culture obtained from the 127 specimens identified 144 germs and 5 Candidas albicans (fungus) out of 88 specimens, a normal flora for 6 specimens. Twenty-three and 10 samples obtained from teeth associated with acute and chronic abscesses respectively were bacteria-free (Table 1).

Identified germs are facultative and obligate anaerobes (Table 1). Among the facultative anaerobe bacteria, the Gram+ cocci accounted for the highest percentage. The Chi-Square Goodness of Fit test showed statistical significance for the gram+ cocci in the facultative anaerobes group ($p=0.001$). This test could not be applied to the obligate anaerobes (only one type of germs: GPB). Germs that do not belong to the commensal oral microflora were identified: 1 staphylococcus aureus, 2 clostridium perfringens, 1 proteus mirabilis and 1 listeria grayi (Table 1).

The bacteria identified in samples obtained from canals of teeth with acute abscesses treated with antibiotics are described in table 2.
**Flowchart:** Scheme of the study model. G1: group of patients excluded because absence of dento-alveolar abscess or antibiogram; G2: group of patients included with dentoalveolar abscess + antibiogram; G3: group of patients with antibiogram not included because their age ≤ 16

**Table 1:** Description of Laboratory Results

<table>
<thead>
<tr>
<th>Results Lab</th>
<th>Type</th>
<th>Germs identified</th>
<th>Acute abscess</th>
<th>Chronic abscess</th>
<th>Total Germs N (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anaerobes</td>
<td>GNB</td>
<td><em>Proteus Mirabilis</em></td>
<td>1 (1.03%)</td>
<td></td>
<td>1 (0.67%)</td>
</tr>
<tr>
<td>Facultative</td>
<td>Total GNB</td>
<td></td>
<td>1</td>
<td>1</td>
<td>1 (0.67%)</td>
</tr>
<tr>
<td>Germs N= 135</td>
<td>GPB</td>
<td><em>L. Grayi</em></td>
<td>1 (1.03%)</td>
<td></td>
<td>1 (0.67%)</td>
</tr>
<tr>
<td></td>
<td>Total GPB</td>
<td></td>
<td>1</td>
<td>1</td>
<td>2 (1.34%)</td>
</tr>
<tr>
<td>GPC</td>
<td>ABIOTROPHIA ADIACENS</td>
<td></td>
<td>0 (0.0%)</td>
<td>1 (1.92%)</td>
<td>1 (0.67%)</td>
</tr>
<tr>
<td></td>
<td>AEROCOCCUS VIRIDANS</td>
<td></td>
<td>9 (6.18%)</td>
<td>2 (3.84%)</td>
<td>11 (7.38%)</td>
</tr>
<tr>
<td></td>
<td>ENTEROCOCCUS FAECALIS</td>
<td></td>
<td>6 (6.18%)</td>
<td>2 (3.84%)</td>
<td>8 (5.6%)</td>
</tr>
<tr>
<td></td>
<td>GEMELLA HAEMOLYSANS</td>
<td></td>
<td>6 (6.18%)</td>
<td>3 (5.76%)</td>
<td>9 (6.04%)</td>
</tr>
<tr>
<td></td>
<td>GEMELLA MORBILLORUM</td>
<td></td>
<td>6 (6.18%)</td>
<td>1 (1.92%)</td>
<td>7 (4.69%)</td>
</tr>
<tr>
<td></td>
<td>LACTOCOCCUS CREMORIS</td>
<td></td>
<td>4 (4.12%)</td>
<td>1 (1.92%)</td>
<td>5 (3.35%)</td>
</tr>
<tr>
<td></td>
<td>LEUCONOSTOC SPECIES</td>
<td></td>
<td>6 (6.18%)</td>
<td>4 (7.69%)</td>
<td>10 (6.71%)</td>
</tr>
<tr>
<td></td>
<td>STAPYLOCOCCUS EPIDERMIDIS</td>
<td></td>
<td>6 (6.18%)</td>
<td>4 (7.69%)</td>
<td>10 (6.71%)</td>
</tr>
<tr>
<td></td>
<td>STAPHYLOCOCCUS AUREUS</td>
<td></td>
<td>1 (1.03%)</td>
<td>0 (0.0%)</td>
<td>1 (0.67%)</td>
</tr>
<tr>
<td></td>
<td>STREPTOCOCCUS</td>
<td></td>
<td>43 (44.32%)</td>
<td>27 (51.92%)</td>
<td>70 (46.97%)</td>
</tr>
<tr>
<td></td>
<td>Total GPC</td>
<td></td>
<td>87</td>
<td>45</td>
<td>132 (88.59%)</td>
</tr>
</tbody>
</table>
Germs sensitivity is presented in table 3. Moreover, the proportion of the resisting germs during a prescription for the case of an acute abscess or chronic abscess was 28.87% and 20.43% for erythromycin and clindamycin respectively; whereas it was 9.85% for penicillin.

Charts (Figures 1, 2 and 3) list bacterial resistance to penicillin, erythromycin and clindamycin.

**Discussion**

The microorganisms of the buccal cavity microbial flora are complex and multivariate. The normal oral flora is colonized at 95% by the facultative and aerobe streptococcus [9]. In the case of primary infection, the most frequently identified germs in the case of acute or chronic abscesses are Gram-positive and -negative bacteria with the predominance of the latter [10].

The results of our study stemming from the 88 specimens revealed the isolation of 144 germs and 5 fungi. So, in average, 1.69 germs/specimen were isolated. Our results are almost identical to those of Lysakowska et al. (1.5 germs/specimen) in the case of primary infections [10].

Several studies revealed that the cultivated germs of dental canals were facultative and obligate anaerobes [11, 12]. A significant prevalence of obligate anaerobes was reported by Gomes et al. [13], Foschi et al. [12]. The present study, similar to Shucaite et al. [14] and Lyszakowska et al. [10] confirmed the predominance of facultative anaerobes (n=135); only 9 obligate anaerobes were found (significance value). This can be explained by the difficulty to cultivate obligate anaerobe germs via standard culture methods or the exposure of germs to oxygen at the time of sampling.

Several studies described an important diversity of the canal microbiome in the case of primary infections [11,15]. In the present study, this diversification of germs in primary infection of the canal microbiome was identified in both types of acute abscess.

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**Table 2: Results for acute abscess with aggravating clinical signs**

<table>
<thead>
<tr>
<th>Germs (N %)</th>
<th>Germs identified</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anaerobes facultative (73.1%)</td>
<td>GPC* 18(94.73%)</td>
</tr>
<tr>
<td>Anaerobe 1 (3.8%)</td>
<td>GPB† 1(5.27%)</td>
</tr>
<tr>
<td>No germs 6 (23.1%)</td>
<td>No growth</td>
</tr>
<tr>
<td>Fungus 1 (3.8%)</td>
<td>CANDIDAS ALBICANS</td>
</tr>
</tbody>
</table>

*GPC: gram positive cocci  
†GPB: gram positive bacilli
Table 3: Results of susceptibility test to the following antibiotics

<table>
<thead>
<tr>
<th>ANTIBIOTICS</th>
<th>GNB†</th>
<th>GPB†</th>
<th>GPC*</th>
<th>Total germs identified with antibiotics susceptibility (cases=127)</th>
<th>Total Germs with antibiotics susceptibility in aggravating cases (cases=19)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Penicillin</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Resistant</td>
<td>0(0%)</td>
<td>0(0%)</td>
<td>14(10.68%)</td>
<td>14(9.86)</td>
<td>2(10.53)</td>
</tr>
<tr>
<td>Sensitive</td>
<td>0(0%)</td>
<td>11(100%)</td>
<td>117(89.32%)</td>
<td>128(90.14%)</td>
<td>17(89.47)</td>
</tr>
<tr>
<td>Total</td>
<td>0(0%)</td>
<td>11(100%)</td>
<td>131(100%)</td>
<td>142(100%)</td>
<td>19(100%)</td>
</tr>
<tr>
<td>Cephalotin</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Resistant</td>
<td>0(0%)</td>
<td>1(50%)</td>
<td>8(7.0%)</td>
<td>9(7.63%)</td>
<td>2(11.76%)</td>
</tr>
<tr>
<td>Sensitive</td>
<td>1(100%)</td>
<td>1(50%)</td>
<td>107(93.0%)</td>
<td>109(92.37%)</td>
<td>15(88.24%)</td>
</tr>
<tr>
<td>Total</td>
<td>1(100%)</td>
<td>2(100%)</td>
<td>115(100%)</td>
<td>118(100%)</td>
<td>17(100.0%)</td>
</tr>
<tr>
<td>Tetracycline</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Resistant</td>
<td>1(100%)</td>
<td>0(0%)</td>
<td>20(15.38%)</td>
<td>21(15.79)</td>
<td>6(33.33%)</td>
</tr>
<tr>
<td>Sensitive</td>
<td>0(0%)</td>
<td>2(100%)</td>
<td>110(84.62%)</td>
<td>112(84.21%)</td>
<td>12(66.67%)</td>
</tr>
<tr>
<td>Total</td>
<td>1(100%)</td>
<td>2(100%)</td>
<td>115(100%)</td>
<td>118(100%)</td>
<td>17(100.0%)</td>
</tr>
<tr>
<td>Erythromycin</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Resistant</td>
<td>0(0%)</td>
<td>0(0%)</td>
<td>41(31.30%)</td>
<td>41(31.30%)</td>
<td>13(68.43%)</td>
</tr>
<tr>
<td>Sensitive</td>
<td>0(0%)</td>
<td>11(100%)</td>
<td>90(68.70%)</td>
<td>101(71.13%)</td>
<td>13(68.43%)</td>
</tr>
<tr>
<td>Total</td>
<td>0(0%)</td>
<td>11(100%)</td>
<td>131(100%)</td>
<td>142(100%)</td>
<td>19(100%)</td>
</tr>
<tr>
<td>Clindamycin</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Resistant</td>
<td>0(0%)</td>
<td>0(0%)</td>
<td>28(22.22%)</td>
<td>28(20.44%)</td>
<td>4(22.23%)</td>
</tr>
<tr>
<td>Sensitive</td>
<td>0(0%)</td>
<td>11(100%)</td>
<td>98(77.78%)</td>
<td>109(79.64%)</td>
<td>14(77.77%)</td>
</tr>
<tr>
<td>Total</td>
<td>0(0%)</td>
<td>11(100%)</td>
<td>126(100%)</td>
<td>137(100%)</td>
<td>18(100%)</td>
</tr>
</tbody>
</table>

*GPC: gram positive cocci
†GPB: gram positive bacilli
†GNB: gram negative bacilli

Figure 1: Resistance to erythromycin in acute and chronic abscesses (Table 1). Moreover, primary infections are generally due to Gram-negative anaerobe germs [16]. In this study, in both types of abscesses, almost the totality of germs were Gram positive (134/149=95.97%) except for one (0.67%) (proteus mirabilis) which did not belong to the canal microbiome (Table 1). Likewise, the majority of germs were cocci (n=132, 91.67%). Twelve bacilli-type bacteria were detected out of which 9 represent the totality of anaerobe (Table 1). The Chi-Square Goodness of Fit test was significant for the facultative anaerobe germs (p=0.001). Streptococci are the most prevailing germs of canal infections [11]. Our microbiological results confirmed their prevalence, the streptococcus family (streptococcus viridans, leuconostoc spp 10/144, gemella morbillorum 7/144 and heamolysans s 144, aerococcus viridans 11/144, lactococcus cremoris 5/144 and abiotrophia adiacens 1/144) account to the highest percentage 113/149 (75.83%) followed by the
staphylococcus (11/149=7.38%) out of which 10 are epidermidis (6.75%) and 1 staphylococcus aureus (0.67%) are majority in these infections; they are followed by the enterococci (8/149=5.36%) (Table 4). Enterococci are prevailed in other studies in the case of primary and secondary infections [9]; while the percentage of staphylococci fell within the interval of other studies [17].

Concerning anaerobe germs, some Bifidobacterium (Bacteroids), Lactobacillus, Actinomyces meyeri and Clostridium perfringens were detected confirming the results of previous studies [18, 19].

Moreover, candidas albicans, eukariotes, are germs that can colonize the oral flora. They are detected in primary infections and identified at 21% by molecular methods [18, 20]. Our results showed a rate of 3.35% with 4/5 candidas identified in a chronic abscess for smoking patients. Many identified bacteria did not belong to the commensal flora: Proteus mirabillis, Listeria grayi, and staphylococci aureus (Table 1). These germs were detected at previously hospitalized elderly patients.

The development of a purulent infection necessitates a synergetic interdependence among aerobe and anaerobe germs [21]. At the beginning of the infection, the aerobe germs consume the oxygen of the pulp chamber turning the milieu into poor in oxygen [3]. Hence, the germs living in anaerobiosis will develop in an environment rich in nutrients and poor in oxygen or lacking oxygen, which results into a shift of the facultative aerobe pathogen flora into an anaerobe flora.

On the other hand, it is important to know that cellulitis is caused by streptococcus. Streptococcus destroys the fibrin and the conjunctive tissue with their enzymes (streptolynase...) facilitating thus the diffusion of the infection through the facial plans [22]. Moreover, the anatomy of the facial plans of the orofacial sphere and the neck act as an inefficient barrier rendering the diffusion of the infection between the facial plans a prominent risk. Thus, in addition to the clinical diagnosis, it is important to identify the causal tooth and the localization of these apices relative to the facial plan. An increased incidence of diffuse dental infections was reported [9]: the high level of isolated streptococcus confirms the importance of immediate care of these dental infections. Streptococci milleri are associated with other germs such as Porphyromonas and Prevotella in the formation of acute dental abscesses. Those bacteria were not detected in the present study, which can be explained by the chosen microbiological method that is inappropriate for their identification. Moreover, staphylococcus was isolated in 11.1% of the specimens. Also, the complication of their infections can lead to sepsis emphasizing the critical importance of an early and appropriate management of dental infections.

Facultative anaerobe germs Gram (+) cocci prevailed in all the acute abscesses; obligate anaerobe germs were detected only in the group with aggravating clinical signs. The predominance of Gram (+) cocci in moderate dental infections has been shown with a shift of the flora in obligate anaerobia with time [3]. In fact, in this study, all cases can be considered with moderate infection rather than severe and not requiring hospitalization. Moreover, a Candidas albicans was identified. The presence of Candidas albicans in the pus culture is supported by the literature [3].

Sensitivity tests results showed that penicillin has almost the same sensitivity level, while clindamycin followed by erythromycin is core less important levels (Table 3). Result analysis showed that Gram (+) cocci are the germs that showed the most resistance especially to erythromycin and Clindamycin (Table 3). The proportion of the resistance germs was more important in the group of erythromycin (28.87%) and clindamycin (20.43%) and less important in the group of penicillin (9.85%). Therefore, anti-biotherapy at narrow spectrum, such as penicillin can be favored at first. An anti-biotherapy is chosen according to several criteria: i) the causative pathogen agent ii) the susceptibility to the chosen molecule and iii) the absence of antibiotic resistance of the pathogen. Therefore, several studies [2, 23] and international guidelines (AHA, BSC), recommended the B-lactam family and more specifically the penicillin at first for its narrow spectrum, its lesser interference with the bacterial flora and a lesser risk of development of super infection [2]. According to the present results involving the Lebanese population, penicillin should be the first choice antibiotics for the treatment of dental infections when appropriate due to its level of resistance (acceptable < 10) and its narrow spectrum.

The sensitivity of germs isolated from teeth with acute abscesses with and without an aggravating sign, was similar in percentage for the various antibiotics but with a small reduction of the percentage for the latter. Penicillin remained the best choice.

The resistance of germs to penicillin, erythromycin, and clindamycin is reported in figure 1, 2 and 3. The isolated resisting germs represented in these figures are Gram (+) cocci. Streptococcus viridans prevailed, followed by staph for penicillin for both cases of dental abscesses. This can be explained by the development of important resisting germs among Streptococcus viridans [2]. Gemellas and Enterococci other than streptococcus revealed a resistance to erythromycin and Clindamycin especially in the form of chronic abscesses. Gemellas are among the
germs resisting to penicillin. Hence, *Gemellas* and *Enterococci* showed resistance to erythromycin and clindamycin, other than *streptococcus*. It is noteworthy that *staphylococci* and *enterococci* are among the most dangerous resistant germs about which several studies [2, 24] called for attention while prescribing antibiotics to reduce the risk of their development.

**Conclusions**

Within the limitations of this study the following conclusions can be drawn:

- The canal flora of teeth associated with acute or chronic abscesses was diversified; facultative and obligate anaerobic germs were present in both types of abscesses.
- Dangerous germs (*Staphylococcus aureus, Proteus mirabilis, Listeria grayi*) were identified, highlighting the importance of the dentists’ role with their prescriptions and in the development rate of resisting germs.
- Penicillin, a narrow-spectrum antibiotic with resistance levels < 10%, should be the first choice for Lebanese dentists for the management of primary infections.
- Development of important resistant germs among streptococcus viridans.
- *Enterococci* and *Gemellas* are gaining resistance. Dentist should be pertinent with their choice of antibiotics to reduce the risk of development of resistant germs especially for *enterococci*.

**References**