

Special Issue on  
**“Depression & Anxiety”**

**Aims and Scope**

[SOJ Psychology](#) is a peer reviewed open access journal, exclusively designed for the international Scientific community that addresses ongoing research on Psychology, which aims to provide a unique platform for publishing high quality research work. The journal provides current research information in basic and advanced aspects of Depression & Anxiety.

Anxiety is a feeling of instability, such as distress or agony that can be mild or severe. At some point in everyone's life, feel anxiety and these are quite normal, but some people find hard to control their feelings which will affect their daily life. Depression is a condition, in which a person feels afraid, unhappy, hopeless or uninspired in their life. If such feelings last for a long time then it is likely a major depressive chapter. Anxiety and depression are different conditions that commonly occur together with a set of emotional and functional challenges.

The objective of the special issue is to integrate the growing international community of researchers working on the topics like Major Depression, Dysthymia, Bipolar Disorder, Psychotherapy and Antidepressants.

**Topics**

This special issue deals with the topics of the following but not limited to

- Major Depression
- Dysthymia
- Bipolar Disorder
- Psychotherapy
- Antidepressants
- Stress-Reduction Techniques
- Mood Disorders
- Mood-Stabilizing Drugs
- Manic Episodes
- Obsessive-Compulsive Disorder
- Social Anxiety Disorder
- Phobias
- Posttraumatic Stress Disorder

Children & Panic Attacks  
Dependent Personality Disorder  
Trichotillomania  
Hypnosis for Anxiety  
Natural Remedies for Anxiety Disorders  
Atypical Depression  
Postpartum Depression  
Seasonal Depression  
Psychotic Depression

### **Submissions**

Authors are invited to submit articles which address the progress and current standing of Depression & Anxiety: Special Issue. Please refer [Author guidelines](#) before submission.

Author benefits for these submissions will be found at [Special issue page](#). Use the Online [Manuscript Tracking System](#) to submit your papers or e-mail it to [psychology@symbiosisonline.org](mailto:psychology@symbiosisonline.org)

**Submissions are open from January 26, 2015**

### **Editorial Board Members**

**Sayyedmohsen Fatemi**  
Harvard University, USA

**Sachiko Koyama**  
Indiana University, USA

**Dan DeNeui**  
Southern Oregon University, USA

**Richard E. Morehouse**  
Viterbo University, USA

### **Editorial Contact**

Lisa Turner  
SOJ Psychology  
Symbiosis Group  
1203, Heron Dr.  
Normal, IL 61761  
T +1-872-356-4001  
F +1-309-424-5750  
[psychology@symbiosisonline.org](mailto:psychology@symbiosisonline.org)